



IT'S TIME TO START THINKING ABOUT YOUR ANNUAL BENEFITS!

# Tackle joint and muscle pain where you need it most

With Hinge Health, get access to a tailored program that gives you access to virtual exercise therapy and more to help you recover from injuries, build strength, improve your mobility, and more. Whether your aches are short-term or chronic, we'll help you get moving again.

## Specialized care, personalized for you

- **1-on-1 support**  
Work with a dedicated physical therapist and health coach to treat multiple body parts.
- **A care plan on your terms**  
Get tailored exercises and video visits with your physical therapist that fit seamlessly into your busy life.
- **Technology that works for you**  
Improve your form and build your confidence during exercises with real-time audio & visual guidance from our app.
- **All costs covered**  
You earned Hinge Health benefits through United Rentals.

Sign up today.

Scan the QR code or visit:

[hinge.health/unitedrentals-25](https://hinge.health/unitedrentals-25)



Please use the default camera on your device to scan the QR code, not a third-party application. If you are directed to a site other than the URL listed above, do not proceed.

Hinge Health está disponible en español

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos.

Participants must be 18+ and enrolled in a medical plan through United Rentals.

Los participantes deben ser mayores de 18 años y estar inscritos en un plan médico a través de United Rentals.

**\$0**

cost to you



**NEW MEMBERS ONLY**

Start your program, and get a massage gun on us!\*

